Course syllabus for

**Community- and Home Based Rehabilitation - Cultural Perspectives, 7.5 credits**
Samhälls- och hembaserad rehabilitering ur ett kulturellt perspektiv, 7.5 hp

This course syllabus is valid from spring 2008.
Please note that the course syllabus is available in the following versions:

<table>
<thead>
<tr>
<th>Course code</th>
<th>1EE021</th>
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<tr>
<td>Course name</td>
<td>Community- and Home Based Rehabilitation - Cultural Perspectives</td>
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<tr>
<td>Credits</td>
<td>7.5 credits</td>
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<tr>
<td>Form of Education</td>
<td>Higher Education, study regulation 2007</td>
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<tr>
<td>Main field of study</td>
<td>Not applicable</td>
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<tr>
<td>Level</td>
<td>GX - First cycle</td>
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<tr>
<td>Grading scale</td>
<td>Fail (U), pass (G) or pass with distinction (VG)</td>
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<tr>
<td>Department</td>
<td>Department of Neurobiology, Care Sciences and Society</td>
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<tr>
<td>Decided by</td>
<td>Programnämnden för arbetsterapeutprogrammet</td>
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<tr>
<td>Decision date</td>
<td>2007-10-09</td>
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<td>Revised by</td>
<td>Programnämnden för arbetsterapeutprogrammet</td>
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<td>Last revision</td>
<td>2008-02-13</td>
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<td>Course syllabus valid from</td>
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**Specific entry requirements**

120 higher education credits in health and care sciences.

**Objectives**

Aim Community and Home Based Rehabilitation seeks to ensure that people with disabilities have equal access to rehabilitation and other services and opportunities - health, education and income - as do all other members of society. The overall aim of this Interprofessional Course in Community and Home Based Rehabilitation is to provide the students with knowledge about theoretical frameworks as well as practical tools in how to design, implement and assess the effects of interventions and technology in the home and community care and rehabilitation. Learning outcomes Part 1. Knowledge in current definitions of Community and Home Based Rehabilitation. Skills to describe (the relevance of place) as a key component in the integration of care and rehabilitation in a global context, focusing on assessments and interventions at home, neighbourhood and community. This will include identification and description of demographics of the population and how the health care system and the provision of...
services and rehabilitation in the home and the community are provided. Part 2. Knowledge and skills in
demonstrating the complexity of formal and informal care and rehabilitation in Swedish context in
comparison with the population in a global context and also to identify and describe inter-disciplinary
and cross-national perspectives on subjective and objective aspects of housing and health in the span of
all ages. Part 3. Knowledge in different kinds of assessments, interventions, and evaluations relevant for
community-based rehabilitation involving environmental measures such as housing adaptations,
assistive technology, caregiver support and ADL-intervention. Part 4. Skills to identify, present and
discuss ethical dilemmas in relation to home and community care and rehabilitation.

Content

Part 1. Definitions of Community and Home Based Rehabilitation. Identification and description of
how the health care system and the provision of care and rehabilitation in the home and the community
demographics of the population are provided. Home assessment, assessment of neighbourhood and
community. Part 2. Learning about formal and informal care and rehabilitation in Swedish context in
comparison with the population in a global context. Learning about inter-disciplinary and cross-national
perspectives on subjective and objective aspects of housing and health in the span of all ages. Part 3.
Learning about different kinds of assessments, interventions, and evaluations relevant for
community-based rehabilitation involving environmental measures such as housing adaptations, assistive
technology, ADL-interventions, interventions enabling work and recreational activities. Part 4. Learning
about ethical dilemmas in relation to home and community care and rehabilitation.

Teaching methods

Ways of Teaching The course has its base from a problem-oriented way of learning. Different kinds of
ways of teaching will be used as lectures, workshops, individual work, group seminar on literature
reviews, pilot studies and case studies

Examination

Examination Part 1 and 2. A group examination, the students shall define the concepts of CBR and make
an overview of health and social care systems from a global perspective. The group shall also analyse
and describe how the developments of the population in the world look like from a socio-economical
and political perspective regarding similarities and differences within CBR. The presentation will be
oral at an examination seminar. (3 ECTS) Part 3 and 4. The students shall individually describe how
housing and assistive technology look like as part of the rehabilitation process in their home country
with an issue on resources and limitations depending on policies (laws and regulations) from the home
country. The students will present this as a family case history including different ethical dilemmas in
the home and community care related to occupational therapy and/or physiotherapy literature. (4.5
ECTS) This individual paper will be handed over to Richard, Lena or Hellen on Monday the 26th of
May, on Wednesday the 28th there will be an examination. Further details will come. There will be 5
opportunities to do your examination again if you failed, The dates will be announced on the web-page
of the course.

Other directives

Evaluation of the course will be realized according to the guidelines established from the Board of
Education. The report of the course-evaluation and an analysis of the result will be published on the
course-webb one month after the evaluation is finished.

Literature and other teaching aids

Community based Rehabilitation
ILO, UNESCO, WHO, 2006
URL: http://www.fru.se/artiklar.asp

Finkelflügel, H

Empowered to Differ. : Stakeholders' influences in Community-Based Rehabilitation
Dissertation : Rotterdam : 2004 - 1-201
Library search

Functioning in everyday life after stroke: A longitudinal study of elderly people receiving rehabilitation at home.
Ekstam, Lisa.; Uppgard, Britt-Marie; von Koch, Lena; Tham, Kerstin

Gona, JK; Hartley, S; Newton, CRJ
Using participatory rural appraisal (PRA) in the identification of children with disabilities in rural Kilifi, Keny.
2006

Helander, Einar

Prejudice and dignity : an introduction to community-based rehabilitation
1993
ISBN:92-1-1260329
Library search

Nilsson, A; Nilsson, L

Community-based Rehabilitation as we have experienced it.
SHIA/WHO, 2002

Rehabilitation at home after stroke: a descriptive study of an individualised intervention.
Koch von, Lena; Tham, Kerstin; Widén Holmqvist, Lotta; Wohlin Watrich, Annika; Pedro-Cuesta de, J
Clinical Rehabilitation, 2000 - 574-583.

Thomas, M

Community-based Rehabilitation Training of Personal for CBR.
2003

Wohlin Watrich, Annika; von Koch, Lena; Tham, Kerstin

The meaning of rehabilitation in the home environment after acute stroke from the perspective of a multiprofessional team.

Wolven, M

Community based Rehabilitation in Uganda
2006
URL: www.fru.se/artiklar.asp